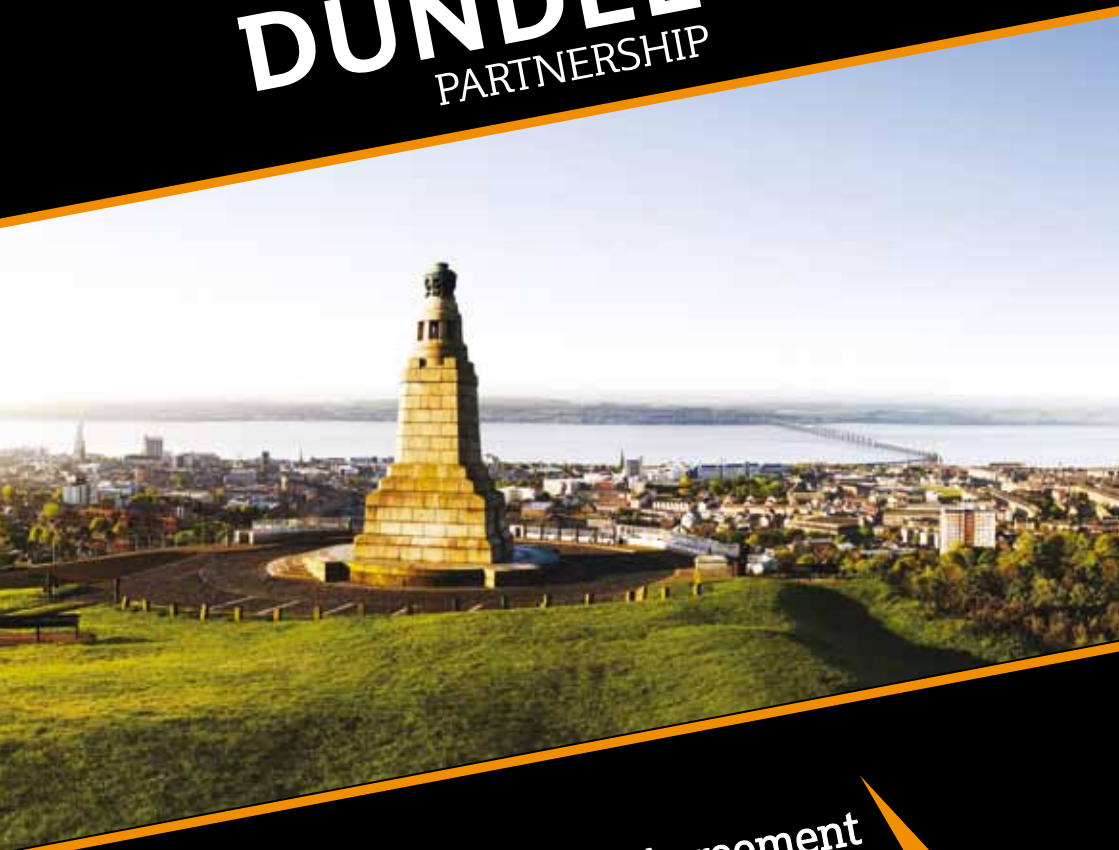


DUNDEE

PARTNERSHIP



Single Outcome Agreement
for Dundee 2009-2012

Case Studies
for 2010/11

IMPROVING THE PARTNERSHIP

Case Study 1:

Integrating the Alcohol and Drug Partnership

The development of the Alcohol and Drug Partnership (ADP) has enhanced partnership working in relation to alcohol and drug misuse and is now a Cross-Cutting Theme group within the Dundee Partnership. It is responsible for providing strategic direction in respect of substance misuse for the Partnership as a whole, and to enable all other Strategic Theme groups to follow a coherent and co-ordinated response to substance misuse.

The ADP is accountable through the SOA Delivery Plan and progress on its action plan is monitored through the Partnership's Online Plan and Online Performance Monitoring databases.

Key priority areas identified by the ADP include children and families affected by substance misuse. The ADP links directly to the Integrated Children Services structure and to the Children and Young Person Protection Committee.



DUNDEE OUTCOME 1:

“Dundee will be a regional centre with better job opportunities and increased employability for our people”.

Case Study 2:

Dundee Business Gateway

The Dundee Business Gateway has provided a vital service over the past year promoting business start up, growth and survival during difficult economic conditions. Throughout 2010/11 the following services were provided:

- Support was given to 249 start up businesses in Dundee, 33 of which were VAT+ businesses.
- 190 workshops were delivered to over 1,250 attendees, who were either interested in starting or growing a business.
- Business Advisers worked with and supported 12 businesses that are projecting an average rise in turnover of £1.8m to £4m and a rise in FTE's from 18 to 24 over the next three years.
- A local programme called Survive and Thrive was developed and introduced as a response to the economic downturn. This programme has provided support to 9 companies affected. The 9 companies were provided with a total of 35 days intensive specialist adviser support.
- Various events were held to encourage a culture of enterprise e.g. a major motivational event was held to encourage disabled people and those furthest from the labour market to consider self employment as an option. There were 110 attendees at this event.
- A quarterly networking club has been established for new business start ups to meet like minded people. This has a regular attendance of around 40 clients.

DUNDEE OUTCOME 1:

“Dundee will be a regional centre with better job opportunities and increased employability for our people”.

Case Study 3:

Working Towards Health Employability Project

Many workless people face a number of individual circumstances which makes it difficult for them to consider engaging in the labour market. The Employability Programme funds a range of specialist provision to help people address specific issues that prevent them from gaining and sustaining employment.

With over 10,000 working age incapacity benefit claimants in the city, it is vital to provide services which assist people to manage or overcome health related issues that may be affecting their employability prospects. Many people with health barriers continue to access public health services and contact with these can provide an opportunity for healthcare staff to refer clients to the project. To facilitate this there is a close working relationship between the NHS Board and Working Towards Health Project with over 400 staff trained to embed consideration of client employability within their every day practice.

The Working towards Health Project delivers an individualised

programme that is designed to enable people to address and manage health conditions that have, or are proving to be, a barrier to participating in work, education or training. The programme is open to anyone with mild to moderate health conditions who is in receipt of a working age benefit. The programme promotes an asset model approach, accentuating the positive capabilities clients have. The Working Towards Health Team consists of 4 Senior Health Practitioners who are based within the Discover Opportunities Centre, which is a multi agency office located in convenient city centre premises. This co-location enhances the ability to work in partnership with other agencies including the Department for Work and Pensions, Employability Programme and More Choices, More Chances staff. During 2010/11 the project worked with 294 new clients, enabling 372 progressions to further activities such as training, education, volunteering or employment. 21.5% of these clients were from the 16-24 age group, an increase from 11.4% in 2009/10.

DUNDEE OUTCOME 1:

“Dundee will be a regional centre with better job opportunities and increased employability for our people”.

Case Study 4:

V&A at Dundee



Throughout 2010/11 significant progress was made to enable V&A at Dundee to happen. The Dundee Partnership recognises that V&A at Dundee can act as a catalyst for the entire region's economic and cultural regeneration.

V&A at Dundee aims to be a showcase for Scottish design talent and provide a UK base for major international touring exhibitions. The vision is for V&A at Dundee to become the city's landmark building and a meeting place for all. The £45million V&A at Dundee project provides a unique opportunity to enhance external perceptions of Dundee, internationalise and grow the visitor economy and stimulate

inward investment. The attraction is forecast to draw 500,000 visitors in its first year of operation and 300,000 per annum thereafter.

During 2010/11, the following progress was made:

- Dundee Design Limited, a partnership between the V&A, University of Dundee, University of Abertay, Dundee City Council and Scottish Enterprise was set up to drive the project forward and a project team was appointed.
- Japanese architects Kengo Kumo were appointed to design the building following a competition which attracted submissions from across

the world and significant international media interest.

- The Scottish Government awarded the project £4.8million of initial funding.

The aim is to progress the project to final design and point of tender by Summer 2012 and to have secured the package of funding required to have V&A at Dundee constructed and open to the public by late 2014.

DUNDEE OUTCOME 2:

“Our people will be better educated and skilled within a knowledge economy renowned for research, innovation and culture”.

Case Study 5:

Literacies Learning in Everyday Life

Following a review of provision delivered by the Council's Adult Learning section, changes were implemented in 2010/11 to the provision for learners with global learning disabilities (GLD). The new model of provision is based on the principle that literacy work will have a greater impact on the learning of adults with GLD's if it is reinforced through practice and repetition in everyday activities.

This could not be done without the help of support workers and families. 22 participants took part in a specially developed course: 'Literacies Learning in Everyday Life' in 2010/11. Most of these were staff working for support agencies in Dundee who work with adults with learning disabilities but some were volunteers with agencies such as LEAD Scotland. Feedback has been extremely positive and 13 learners have so far benefited from this new style of delivery. All 22 participants felt at the end of the course that they had a better understanding of how they could help to embed literacies learning

and of the tools, methods and techniques they might use to achieve this. The course gave support workers access to resources to use when helping reinforce literacy and numeracy skills that are being used in everyday life: telling the time, working with money, paying bills and buying food.

The support workers now have confidence to use the everyday situations they are in with clients as potential learning opportunities; for example, a trip to the cinema can involve many different literacies skills i.e. working out timings, using the bus timetable, encouraging the learner to ask and pay for the tickets (money skills), and writing a review of the film. Some staff / volunteers have even reported that they have begun to make their own resources tailored to their learners' interests and goals. The support workers are all linked up with a literacy tutor who provides ongoing advice and support on learning techniques and resources.

Due to this change in delivery, learners can identify a range of positive outcomes thereby facilitating greater independence and confidence to be part of society.

“The course was suited to half days as this allowed time to reflect on what had been discussed.”

Some comments from the participants were as follows:

“I felt the whole course was appropriate and very informative and I'm looking forward to any refresher courses in the future.”



DUNDEE OUTCOME 2:

“Our people will be better educated and skilled within a knowledge economy renowned for research, innovation and culture”.

Case Study 6:

Understanding Dementia Taster Course

In January 2011, 21 local adults attended a six week taster course at the Hub Library & Learning Centre in Mid Craigie. The course was a partnership between the Council's Adult Learning section and Dundee College and was designed to introduce learners to the subject of caring for people with dementia, whether in a personal capacity or as a starting point for looking for work in the care sector.

The group consisted of 13 women and 8 men and the ages ranged from 17-58. As a result of networking with a local organisation which provides care for the elderly, 9 volunteers from MidLin Daycare centre were amongst the learners. It had

been identified by their Volunteer Development worker that they were ready to move on to look for employment and this course was ideal to start the process of adding more formal learning to their practical experience.

An unexpected outcome of the course was feedback from MidLin Daycare Centre that the volunteers are showing an increase in confidence and understanding when working with clients. All learners successfully completed the course with 4 moving into employment, and the remaining 17 have now progressed to the 14 week Scottish Qualifications Authority (SQA) unit course at the Hub to gain a nationally recognised qualification.



DUNDEE OUTCOME 2:

“Our people will be better educated and skilled within a knowledge economy renowned for research, innovation and culture”.

Case Study 7:

Dundee Rep Theatre in partnership with Dundee Association of Local Management Groups

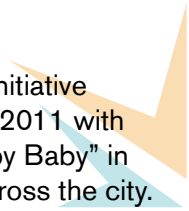
In September 2010, Alan Bennett's Talking Heads was performed in Ardler Complex, Douglas Community Centre, Whitfield Community Centre, Kirkton Community Centre and Menzieshill Community Centre, all to sell-out audiences. This was followed with a run of shows performed in Dundee Rep theatre.

“A Chip In The Sugar”, “Bed Among The Lentils” and “Her Big Chance” were an opportunity for Dundee Rep to take these deeply moving and affectionate productions on tour around Dundee as a way of reaching out to communities who may not have been to the Rep before. The Dundee Rep Creative Learning team had been involved in many community initiatives, but this was the first time Dundee Rep Ensemble had undertaken such a piece of work.

As part of the community performances of Talking Heads, Dundee Rep liaised with the Council's Leisure, Culture and Communities staff and the Dundee Association of

Local Management Groups (DALMAG) with each community centre engaging two volunteer community ambassadors. These ten individuals worked with Dundee Rep in the lead up to each performance acting as a community link. The ambassadors visited Dundee Rep prior to the performances and learned more about the production of the shows. In turn, the ambassadors informed their wider communities of the performances and encouraged involvement and uptake of the reduced cost ticketing. The Ambassadors stated that they enjoyed building a relationship with Dundee Rep. They also noted that any initiative that helped members of the community with transport or ticket costs could make a significant difference to the number of attendees to the Rep and this has clearly worked for other organisations.

The “Talking Heads” initiative will be followed up in 2011 with performances of “Baby Baby” in community venues across the city.



DUNDEE OUTCOME 3:

“Our children will be safe, healthy, achieving, nurtured, active, respected, responsible and included”.

Case Study 8:

More Choices, More Chances

Katie was looked after at home, during which time she had a large amount of support including:

- Joint Action Team Multi agency forum which is a gateway to resources to support young people experiencing difficulties.
- School Community Support Service supported her with difficulties at school linked to the home and community.
- Centre for Child Health supporting her with mental health issues.
- Dundee College project in her last six months of school offering vocational tasters.
- Fighting Against Child Exploitation (FACE) project, provided counselling in relation to the exploitation aspects and safety issues that she had to deal with.

Through the JAT, Katie was identified by the More Choices, More Chances team as requiring support through the ‘Family Firm’ approach where the Council uses its resources and its responsibility as a ‘Corporate Parent’ to support young people into a positive destination through

providing opportunities for work shadowing, work placements and potentially jobs both within Council Departments and its partner organisations.

Katie signed up to an Activity Agreement which is a bespoke training package for young people, who are out of work, education or training. It provides support from a Keyworker, covers the cost of the activity and the young person may be eligible for an Education Maintenance allowance of £30 per week.

Colleagues from the Working for Families Team managed to find a private nursery that was willing to take on Katie in a voluntary capacity and Katie agreed to volunteer twice a week. After nine weeks the nursery offered Katie a Modern Apprenticeship and the opportunity to train up to SVQ Level 3 qualified nursery nurse level. Katie is now working full time and shared the following:

“It has been an amazing help and I am very thankful for all the support I have been given, without it I would be unemployed and still struggling to find work”.

DUNDEE OUTCOME 3:

“Our children will be safe, healthy, achieving, nurtured, active, respected, responsible and included”.

Case Study 9:

Early Intervention Through the New Beginnings Service

Historically, Dundee has had the highest rate of maternities where substance misuse has been recorded in Scotland. Between 2005 and 2009 a small multi-agency team, the New Beginnings service, worked with pregnant women in this group. This team was expanded in July 2010 to deal with an increase in referrals from 37 in 2005 to 70 in 2009, and improve the service.

The New Beginnings service is a multi-agency team established to identify and assess the needs of unborn babies at risk of compromised parenting related to such factors as parental substance misuse, mental health or learning disability. The overall aim of the service is to improve outcomes pre- and post-birth for babies at risk of such compromised parenting. The staffing contingent of the New Beginnings Team reflects the needs of the families targeted and includes children and adult services workers from both Social Work and Health. Partnership working is at the heart of the New Beginnings approach, with the Team working in an integrated

way to assess the holistic needs of the parents involved. Together they then develop and deliver a plan for support and intervention prior to the baby’s birth, and through potentially to the end of the baby’s first year in line with these assessed needs.

The integrated multi-agency approach will provide parents with the opportunity to make positive changes in their own lives and improve their capacity to provide safe and appropriate care for their babies from birth. These changes can relate to:

- Stabilising supportive relationships;
- Complying with treatment programmes (75% of relevant cases achieved this in 2010/11);
- Working towards improved mental health (59% of relevant cases achieved this in 2010/11);
- Gaining or sustaining suitable accommodation (84% of relevant cases achieved this in 2010/11).

Case Study 10: Hearty Lives

Dundee Community Health Partnership was successful in securing £1.3 million from the British Heart Foundation (BHF) to build on current exemplar good work through Keep Well and Community Heart to continue tackling health inequality across Dundee. The funding period was from April 2009 until March 2012 for the clinically based projects and March 2013 for the social inclusion projects.

The partnership with BHF has developed and strengthened during this time and will continue to be in place through resources, services and products after the grant award has come to an end.

The Hearty Lives Dundee Programme comprises a number of project strands delivering a mixture of clinical and social inclusion type services - all to people who are at risk and live in areas of within the city which face the challenges of inequalities in the broadest sense.

The Clinical Projects are as follows:

- Extension of the Keep Well age range for health checks to 40-44 years.
- Provision of a specialist community based cardiovascular nursing team providing opportunistic heart health checks across the city in targeted locations - all aimed at improving access and providing knowledge of health improvement to those people living with a range of inequalities. Almost 900 people have received opportunistic checks.
- Provision of specialist clinics within the community to support patients with a high cardiovascular disease risk. Fourteen clinics have been run to date.
- Provision of Cardiology clinics in community settings, in partnership with a Consultant Cardiologist, providing specialist services closer to peoples' homes. Eleven cardiology clinics have been run.

The Social Inclusion projects are as follows:

- Active Families Dundee - a partnership with Sports Development and Dundee City Council which delivers a tailored and supportive programme of intervention with families who face challenges but who want to become more physically active as a family. Further partners in this project are Dundee Healthy Living Initiative and NHS Paediatric Obesity Service – all aimed at reducing the trend in childhood obesity.
- Workplace Health Coaching Service - a partnership with the Working Health Services team to provide a health coaching service in targeted workplaces across the city. The service will target employees who fall into low paid categories in the main and who require support to lead healthier lifestyles.

Underpinning the programme is the required Programme Management, fully funded as part of Hearty Lives Dundee and driving the above projects forward in tandem with a rigorous national and local evaluation process.



Case Study 11: Social Prescribing

Improving mental health and wellbeing is a priority for the Scottish Government as reflected in both Equally Well and Towards a Mentally Flourishing Scotland. This links to the overarching national outcome ‘We live longer, healthier lives’, and to Dundee’s SOA outcomes, ‘Our people will experience fewer health inequalities’ and ‘Our people will have improved physical and mental wellbeing’.

StobsWELLbeing, the Equally Well test site in Dundee, supports public service redesign to address poor mental wellbeing and its determinants. One of its tests of change is to develop and evaluate a social prescribing scheme in Dundee.

Social prescribing is a mechanism for linking patients to non-clinical sources of support. Poor mental health and wellbeing is associated with deprivation and inequalities, demonstrates a clear social gradient, and affects a wide range of other outcomes. The Equally Well pilot is sited in a GP Practice within one of Dundee’s regeneration areas and

offers consultations with Link Workers to patients with poor mental wellbeing referred by their GP. The Link Workers support the patients to identify the main influences on their wellbeing, explore potential sources of support, and assist the patients to access helpful services or activities.

In the first four and a half months of the pilot there were 48 referrals and 28 clients have engaged with the scheme. Of these 28, 10 are at the initial stages and 8 have been supported to move on to community activities such as walking groups. A further 3 have been linked with support services for a range of socio-economic factors, and 7 have required more intensive counselling support to meet their needs. Patients require four Link Worker consultations on average plus one follow up appointment to assess progress. The consultation process includes accompanying clients to agreed activities, if required.

To date, 2 patients have completed their involvement with the scheme and a number of other patients are in the process of moving on. This includes accessing employment support, volunteering information, money advice, carer’s support, welfare rights, sexual abuse services, adult learning and physical activities. Quotations from these clients help demonstrate its value:

“It has been good, I found it easier than I thought. Initially... (at the group) I needed you (the link worker) there because I’d meet you through the individual meetings and it helped that there were new people there as well. Going to the cooking group was easier, I felt less nervous. I do think it’s helped, it’s got me out of the house and I feel enthused about things”

“Talking to someone on a one-to-one basis has really helped me. It’s given me the motivation to look at my life and the changes that I can make. It’s given me that extra push, taking things one step at a time - I’m moving myself forward”

The key partners in the pilot are Maryfield Medical Centre, Dundee Healthy Living Initiative (who provide Link Workers), the Equally Well test site and a wide range of community, voluntary and statutory services and activities, which comprise the referral pathways. The scheme, therefore, brings together a new and innovative partnership, which aims to tackle the root causes of poor mental wellbeing for disadvantaged people in Dundee. It links people experiencing inequalities to supportive services and activities and is helping to move the culture of health services from a purely clinical approach to one that is more holistic and recognises the impact of material and social circumstances on people’s health and wellbeing.

DUNDEE OUTCOME 6:

“Our people will have effective care when they need it”.

Case Study 12:

Enablement Approach to Home Care Services



In December 2009 Dundee City Council and Dundee CHP Allied Health Professionals adopted an enablement approach to providing home care services across the city of Dundee. This provides a time limited intensive care and support service which enables service users to learn new skills, or to re-learn skills that they have lost, thus maximising their independence. A range of social care, occupational therapy and rehabilitation skills are used in order to increase levels of both physical and mental activity, which then increase the expectation that individuals will remain independent for longer and their need for long term care will be delayed.

The approach proved very successful and has been extended during 2010/11 to cover the whole city, supporting individuals who are in hospital settings and also those in the community who are entering the care system for the first time. Since the introduction of the service, 685 people have been enabled, 244 of whom did not require any ongoing support from Social Work following their rehabilitation.

Maximising independence produces better outcomes for individuals and less reliance on care services. Local surveys demonstrated high levels of customer satisfaction with 74% of people feeling that enablement

had benefited them and 87% rating the service to be either excellent (62%) or very good (25%).

The enablement teams facilitate timely discharge from hospital and assessments are then undertaken whilst at home, rather than in a hospital setting. The service is currently supporting individuals at home, who previously were

assessed as requiring residential care, with a combination of enablement, assistive technology and when required, interval night care. The success rate of this is being monitored, and although not suitable for all individuals, the early indications are that in many cases, this is successful in preventing admissions to residential care.



Case Study 13:

Dundee Hate Incident Multi-Agency Partnership

In 2010, the Dundee Partnership agreed to set up the Dundee Hate Incident Multi-Agency Partnership (HIMAP). HIMAP is led by Tayside Police with other partners in the group including Dundee City Council's Anti-Social Behaviour Team, Social Work and Education Departments, NHS Tayside and Victim Support. Functioning under the auspices of the Community Safety Partnership, partner agencies involved with HIMAP are working towards reducing the incidence of 'hate' crimes through improved recording and encouraging responses from the communities of interest.

In terms of impact, HIMAP has been able to reach specific members of the lesbian, gay, bisexual and transgender (LGBT) community who were being targeted and subjected to a series of assaults. This

was achieved through working with local LGBT support group, 'Diversitay', who used Twitter to engage with the wider LGBT community locally and enable Tayside Police to take specific measures to remedy the situation for the individuals concerned. HIMAP also took action to address a number of targeted assaults on minority ethnic shopkeepers in particular communities and provided ongoing practical support to the shopkeepers in respect of conflict management. HIMAP reporting processes highlighted an incidence of racially motivated attacks on isolated individuals in specific parts of the city. Once identified, this issue was addressed through Dundee City Council's community staff working with individuals and groups in targeted communities and helping to defuse the situation.



Case Study 14:

Graffiti Group



A sub group of the Community Safety Partnership was formed to tackle the increasing levels of high profile graffiti in the city. This was highlighted in particular by the high numbers of two specific tags across the city. The sub group is chaired by the Community Safety Warden Co-ordinator and includes representatives from Waste Management, Environmental Health (both now part of the new Environment Department), Social Work Department, Community Payback and Tayside Police.

Intelligence on graffiti across the city is collected by partners, photographed and then collated by the Community Intelligence Unit. Work is undertaken to identify the perpetrators of these acts and

action is taken to ensure that they are held to account for this. In 2010/11 a pilot was undertaken to select an area particularly badly affected by graffiti and then target resources on that area for a period of time. Partners identified Strathmartine Road as the first pilot area. Offenders on Community Payback Orders took part in clean-ups within the area as did staff from the various Council Departments. The Community Safety Partnership also purchased paint for use by those on Community Payback Orders to cover graffiti.

In addition, where the graffiti was on private property, Community Safety Wardens visited and encouraged owners to

participate in the scheme by taking responsibility to either remove the graffiti or contribute to the overall scheme.

This initiative has proved to be successful and the next area to be tackled will be the city centre. Some of the Community Safety Partnership commissioning funds may also be used to hire cherry picker vehicles to allow access to harder to reach graffiti.



DUNDEE OUTCOME 8:
“Our people will experience fewer social inequalities”.

Case Study 15: Examples from the Voluntary Sector Resilience Fund

The Voluntary Sector Resilience Fund (VSRF) was a pot of £200,000 made available in 2010/11 through the Dundee Partnership and administered through Dundee Voluntary Action. Voluntary sector projects were able to apply to the VSRF for help to tackle the effects of the recession. In all twelve grants were made and three of these are highlighted below.

The Women's Rape and Sexual Abuse Centre (WRASAC) offers free and confidential support and information for girls, young women and women who have been raped, sexually abused or sexually exploited at any time in their lives. Vice Versa is a project based within WRASAC that provides a specialist support service to women and girls (aged 13+) involved in prostitution in the Dundee area. A grant of £19,485 enabled the project to continue to provide a support service during 2010/11 for women involved in prostitution, responding to 30 new referrals and continuing to provide intensive support to 12 women accessing Vice Versa during this

period. Without the grant award there would have been no local specialist service to provide support to one of the community's most vulnerable groups of women. The project continues to have a profound impact on the lives of the women it supports.

Youth-Link (Dundee) aims to improve the life of vulnerable and isolated children and young people in Dundee and was awarded £16,647 to continue to deliver two core projects during a time when it was implementing a financial recovery plan. Its One-to-One Befriending project has been operating since 1981 and is the only one of its kind in Dundee, offering support to children and young people experiencing a diverse range of difficulties and disadvantages. The Kids Unlimited project has operated since 2000 and works with children affected by a family member's illness, disability or drugs / alcohol abuse to provide social opportunities where the children can relax, have fun and enjoy time for themselves away from the stresses of home. The award has made a significant

difference to the organisation, enabling it to provide direct support to 128 children and young people through these two projects.

Maxwelltown Information Centre (MIC) is a community education and support centre that provides a wide range of community, educational and support services. For the past three years its Break-Thru project has worked with at risk groups including people with poor mental health and well-being, people in recovery from drug and / or alcohol dependency and those with social and behavioural

difficulties who seek to understand and deal with their changing needs and the challenges which arise from their life circumstances. It provides intensive, multi-agency support for those wishing to improve life management skills, increase their self-confidence, improve their mental health and plan for their future. An award of £18,760 made an essential contribution to MIC, enabling it to maintain its support services for the Break-Thru project whilst it put in place its development plan and prepared funding bids for its continuation.



DUNDEE OUTCOME 9:

“Our people will live in stable, popular and attractive communities”.

Case Study 16: Friends of Sandy Park

Dundee has more open space and parks per head of population than any other Scottish city, occupying 28% of the urban area. Local public parks and open spaces provide opportunities for communities and visitors to enjoy a wide span of outdoor leisure uses, benefiting health and providing a safe play area for children.

Friends Groups play a vital role in protecting and enhancing local parks and open spaces in Dundee. Working in partnership with Dundee City Council they give local residents a greater say in what goes on in those areas. The groups volunteer their time and energy to get involved with a huge range of different projects. Friends groups can make a huge difference. They are shining examples of reversing decline and bringing back quality, beauty, and shared stewardship of parks and open spaces.

The Friends of Sandy Park was instigated by 11 year old Kristie Burnett who complained to her parents about the poor state of the local play area known

as Sandy Park. Equipment had been vandalised, damaged or was missing and children were not allowed to play there due to broken glass and other litter. After contact with her local Councillor, the local Communities Officer was involved and helped to promote the idea, give advice on the structure of the group and the preparation of a constitution, and the development of a set of aims and objectives. Once the group was established it successfully applied for funding from the Marks and Spencer Greener Living Spaces Fund, Awards for All, Scottish Community Foundation, Dundee City Council and Greenbelt Co. (who own the land).

Considerable community effort has gone into regenerating Sandy Park over the last year and the Friends Group has held regular consultation with all the local Primary Schools and local residents the group to seek their ideas. A ‘Sand Removal Day’ and litter picks were held and, with the help of the Community

PayBack scheme, a number of environmental improvements were carried out. In March 2011, a Grow Your Own Tree planting day was held with over 400 plants donated by the Woodland Trust. The Broughty Ferry Environmental Project donated bike racks which encourage children to bring bikes and use healthy travel options.

A number of pieces of new play equipment, paid for with the grant monies raised by the Friends, have been installed by Greenbelt Co. resulting in a park that is now a safe, fun environment for children to play in.

The group still have sustainability actions to meet and plan to have a fruit tree orchard planted and an eco-event to encourage healthy choices. Local evaluations were carried out over the summer of 2011 to assess local opinion about the changes. So far the park has been used daily by a wide range of ages.

A Fun Day was held in May 2011 to officially open the new park.



DUNDEE OUTCOME 10:

“Our communities will have high quality and accessible local services and facilities”.

Case Study 17:

St. Mary's Community Facility

St Mary's Community Facility is unique in that it is managed by the community for the community with members of the management group taking full responsibility for the day to day running of the centre, completing funding applications, dealing with letting arrangements and ensuring the building is safe and clean. Whilst this can be very challenging, the group is proud of what it has achieved.

The group have clear objectives:

- to provide quality, accessible, low cost services.
- to prevent poverty and disadvantage.
- to support learning and education.
- to support health and inequalities.
- to provide activities for children, young people and for older people.

During 2010/11 the facility increased its activities and now provides a well balanced programme with something for all ages in the community. The programme of activities was created to reflect its objectives and has been achieved through the dedication of volunteers and through partnership work with local workers and key agencies such as Dundee City Council, Learning Around, Dundee Healthy Living Initiative, Dundee North Law Centre and others.

St. Mary's Community Facility continues to go from strength to strength and has become the focus for community activity, social and recreational events and a base for community information. The main aim for 2011/12 is to promote the facility and further increase the numbers attending current activities.



DUNDEE OUTCOME 11:
“We will have a sustainable environment”.

Case Study 18: Dundee Real Nappy Campaign



The Dundee Real Nappy Campaign aims to encourage Dundee residents to make use of reusable nappies as an alternative to disposable nappies. The project has been funded through the European INCREASE III programme and managed by Sustain Dundee in partnership with Dundee City Council. The total cost of the three year project has been £52,500.

The campaign has been very successful, exceeding the agreed waste diversion targets by over 70%. It has been estimated that the project has diverted 626 tonnes of nappy waste since November 2008 and 254 tonnes during 2010/11. The project has also successfully engaged local

communities by attending or organising over 50 local events during 2010/11; facilitating a well received presence on Facebook and YouTube, and recruiting volunteers to help promote the use of reusable nappies in their local areas. The project officer has worked in the community, giving real nappy talks and demonstrations to baby, toddler and post-natal groups and at community events such as the Dundee Flower and Food Festival, Fintry Community Fair, the Broughty Ferry Seashore festival, nursery Eco Days, the Dundee Tenants' fair, and the Tesco community fair.

The campaign has worked in partnership with a number

of organisations, particularly the NHS Tayside, who were provided with nappies for demonstrations at ante-natal classes. The project officer has also worked closely with local companies that sell real nappies, Dundee City Council's parent education officers, the local National Childbirth Trust representatives and Dundee's registry office, as well as businesses such as the Wellgate and Overgate shopping centres who provided venues for promotional activities.

The project has also worked closely with groups from neighbouring local authorities and other nappy networks from

across Scotland. The national Tartan Nappy Initiative provided the opportunity for Dundee volunteers to attend and their babies were chosen to be photographed, for national newspapers, with a visiting MP and MSP.

Although the funding for the project has now ceased, the volunteers have set up a new fully constituted, community led Dundee Real Nappy Network. It is hoped that this group will be able to work with Dundee City Council and other organisations to further promote the use of reusable nappies within Dundee over the years to come.

DUNDEE OUTCOME 11:
“We will have a sustainable environment”.

Case Study 19: Solar Cities Scotland

Solar Cities Scotland received funding from the Scottish Government through the Climate Challenge Fund to deliver two separate, yet complementary projects in Dundee between 1st April 2010 and 31st March 2011. These two projects were the Community Carbon Exchange (CCX) and the Sustainable Energy Promotion Scheme (SEPS).

The Community Carbon Exchange was a community led project that aimed to work with individuals, groups and organisations to cut carbon emissions in the Stobswell and Coldside areas in Dundee. The project has helped 10 community groups to investigate and tackle their energy bills leading to identified savings of 33 tonnes of carbon dioxide; engaged 80 people in a carbon footprinting programme leading to average carbon savings of around 10% per household; re-designed the Solar Cities Scotland Website which now includes carbon saving pledges of 162,899 CO₂/kg; developed a Community Orchard and ran 2 community clean ups within the back courts

of 230 homes; engaged 6 Dundee volunteers in training to deliver carbon pledge based work and delivered footprinting class to teachers as part of CPD.

The Sustainable Energy Promotion Scheme aimed to help householders in Dundee overcome the identified barriers of cost and lack of understanding to reducing their home energy related carbon emissions by providing access to relevant information and advice as well as developing and offering a package of fixed and reduced price insulation and solar water heating packages. 32 Dundee households have installed insulation through the Sustainable Energy Promotion Scheme supported by the CCF. Solar thermal reduced price package has proved successful with over 60 Dundee households being referred for installation. To overcome the barrier of lack of understanding, 73,000 Carbon Reduction Starter packs were delivered on foot or on bicycle to every household in Dundee. This was done through a service level agreement with the Claverhouse Group in Dundee

which specialises in training and work experience for longer term unemployed. 5 staff were hired for a 16 week period over the Summer months to deliver these packs. The packs themselves contained simple, no cost, low cost and more cost options for reducing household carbon emissions in three categories - transport, shopping and energy. The packs asked people to pledge to save CO₂ through the Solar Cities Scotland website as mentioned above. As a result of insulation and solar installations SEPS reduced Dundee's CO₂ emissions by 17 tonnes CO₂/annum.

Both projects together resulted in CO₂ savings of 333 tonnes CO₂/annum and as a result have succeeded in further funding from the CCF until April 2012. More information about the projects previous work and the new projects can be found at www.solarcitiesscotland.org.uk



Case Study 20: Riverside Nature Park

Riverside Nature Park is a new 33 hectare public asset in the West End of Dundee. Originally conceived in the early 1990's, much of the preparation for opening was carried out during 2010/11. It is adjacent to the Tay Estuary which is internationally renowned for its wading birds and estuarine life. Funding for the Park came from the Scottish Government's Vacant and Derelict Land Fund, the Scottish Rural Development Programme, Sustrans and Dundee City Council.

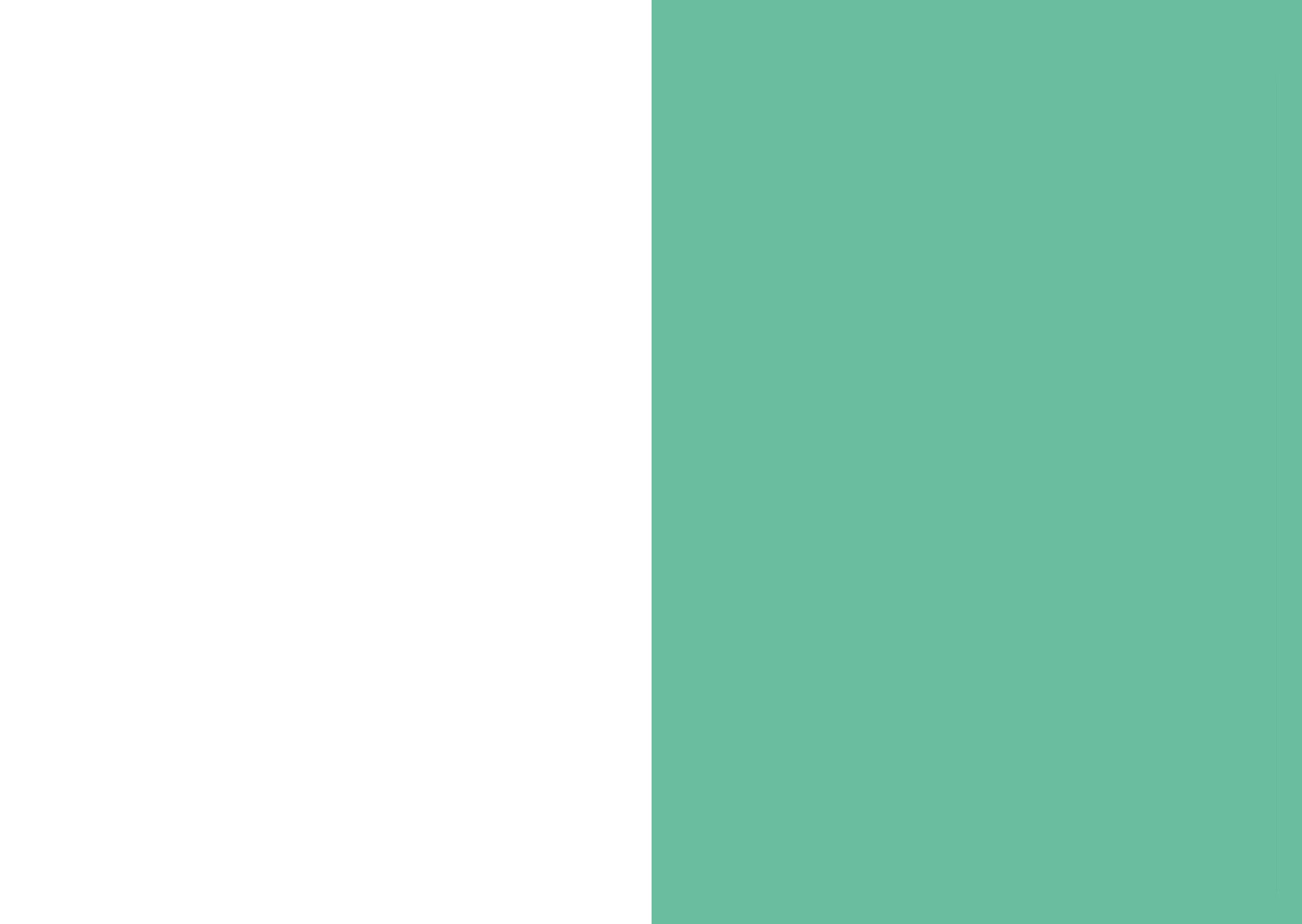
The Park has been created on the former Riverside Landfill Site and comprises a range of physical works including a path network, fencing, formation of vantage points and the creation of a variety of new habitats. New shrub and tree planting has created biodiversity areas along the coastal margin and airport boundary. The Park has been sown with grass and wildflower seed to create meadows and encourage conservation.

The parks' formation has resulted in a significant reduction in

recorded vacant and derelict land in Dundee. It is anticipated that the city's target of reducing vacant and derelict land by 30% will be exceeded.

A new and direct pedestrian and cycle link leading from Perth Road to Riverside Avenue opens up the existing National Cycle Network route 77, which links with the expanding network of Greenway Cycle routes being developed by the Council. The new route provides a crucial link to and between existing routes and to the newly formed Nature Park.

To the south of the Nature Park is the Riverside Composting facility where household and garden waste is taken. Here it is shredded, riddled and put in windrows which are turned regularly. Each of these windrows supports an array of creatures which break down the waste. The temperature is carefully controlled in order to allow these creatures to thrive. The entire process takes approximately 9 months for garden waste to be turned into Discovery Compost.





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